

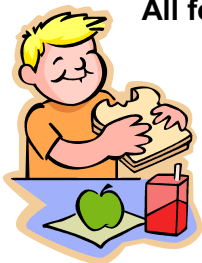
SILKSTONE STATE SCHOOL TUCKSHOP MENU AS OF 18 April 2017

(Prices subject to change without notice)

Tuckshop Days – Monday to Friday

<p>SANDWICHES (Wholemeal bread only) 1 sandwich = 2 slices of bread)</p> <p>Cheese 1.70 Vegemite 1.70 Egg 1.90 Egg & Lettuce 2.10 Salad 2.20 (Lettuce, tomato & carrot)</p> <p>*Ham 2.20 Ham & Salad 2.70 Tuna 2.20 Tuna & Salad 2.70 Chicken 3.10 Chicken, Lettuce & Mayo 3.30 Chicken & Salad 3.60</p> <p>ROLLS (White only) Cheese 2.20 Vegemite 2.20 Egg 2.40 Egg & Lettuce 2.60 Salad 2.70 *Ham 2.70 Ham & Salad 3.20 Tuna 2.70 Tuna & Salad 3.20 Chicken 3.60 Chicken, Lettuce & Mayo 3.80 Chicken & Salad 4.10</p>	<p>WRAPS</p> <p>Salad 2.80 Ham & Salad 3.30 Tuna, Lettuce & Mayo 3.00 Tuna & Salad 3.30 Chicken, Lettuce & Mayo 3.90 Chicken & Salad 4.30</p> <p>SALAD BOXES (Lettuce, Tomato, Carrot, Beetroot & Cheese)</p> <p>Salad Box 3.00 Egg & Salad Box 3.50 Ham & Salad Box 3.50 Tuna & Salad Box 3.50 Chicken & Salad Box 4.20</p> <p>EXTRAS</p> <p>Egg .50 Tomato .20 Lettuce .20 Carrot .20 Beetroot .20 Cheese .20 Onion .20 Mayo .20 Toasting .20 Sauce – Tomato .30 Sauce – BBQ .30 Fork/spoon .05</p>	<p>DRINKS/DAIRY</p> <p>Spring Water 1.70 *Milk – Plain 200ml 1.20 *Milk – Classic 2.20 (Chocolate, Strawberry) *Milk – Big M - Reduced Fat 2.20 (Chocolate, Strawberry) *Hot & Cold Milo 1.50 Yoghurt – Low Fat 2.20</p> <p>MISCELLANEOUS</p> <p>*Popcorn .90 *Cheese Sticks 1.00 Boiled Egg 0.50 *Crackers & Cheese 1.00</p> <p>BAKERY ITEMS</p> <p>*Choc Chip Muffin – small 1.60 *Choc Chip Cookie 1.80 *Chocolate Cake 1.00 *Vanilla Cake 1.00</p> <p>FRUIT</p> <p>Apple Slinky .60 Seasonal Fruit .70 Fruit Salad 1.90 Fruit Salad & Custard 2.10</p>	<p>HOT FOOD</p> <p>*Snack Beef Pie 2.10 *Sausage Roll 2.80 *Sauce - Tomato .30 *Sauce – BBQ .30 *Pizza Single 2.70 *Hot Dog with sauce 2.20 *Chicken Burger 3.40 (chicken pattie/lettuce/mayo) *Hamburger 3.30 (meat pattie/lettuce/tomato/sauce) *Chicken Nuggets & Salad 3.10 *Lasagne 3.80 *Macaroni Cheese Pasta 3.20</p> <p>ICE BLOCKS Available for sale over the counter at 1.30 p.m. break only. Prices start from 50cents</p> <p style="text-align: center;">SEE REVERSE FOR WEDNESDAY ONLY MEAL DEALS</p> <p style="text-align: center;">IMPORTANT MESSAGE Only Iceblocks and Blizzard frozen drinks will be sold over the counter at second break (i.e. 1.30 p.m. only)</p> <p style="text-align: center;">ALL other items MUST be ordered via the bag system</p>
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All food supplied by the Tuckshop meets the 'SMART CHOICES' guidelines. Items marked with an asterisk * are in the AMBER category and should be CHOSEN CAREFULLY. All other items are in the GREEN category and should be ENCOURAGED.



N.B. White bags for 11.30 a.m. break (main eating time) & brown bags for 1.30 p.m. break (snack).

Please have orders to the tuckshop by 9.00 a.m. daily.

No over the counter sales at 11.00 a.m. break and only ice blocks & blizzard sold at 1.30 p.m.

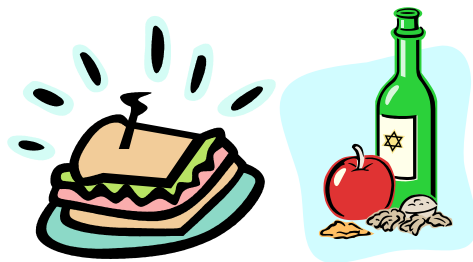


WEDNESDAY ONLY MEAL DEALS

Ham & Salad Sandwich Meal Deal

1 Ham & Salad Sandwich
1 Spring Water
1 Apple Slinky

\$4.60



Chicken Burger Meal Deal

1 Chicken Burger
1 Spring Water
1 Apple Slinky

\$5.30



Chicken & Salad Sandwich Meal Deal

1 Chicken & Salad Sandwich
1 Spring Water
1 Apple Slinky

\$5.60

